



**High School District 214**  
2121 South Goebbert Road  
Arlington Heights, Illinois 60005  
847-718-7600 | [www.d214.org](http://www.d214.org)

## **AED and CPR TRAINING**

State law requires the Illinois High School Association to post a hands-only cardiopulmonary resuscitation and automated external defibrillators training video on its website. The law also requires the District to notify staff members and parent(s)/guardian(s) about the video. Parent(s)/guardian(s) and students are encouraged to view the video, which will take less than 15 minutes:

<https://www.ihsa.org/Resources/Sports-Medicine/CPR-Training>